

# Philip Procento

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## EDUCATION

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**Doctor of Philosophy** 8/2017 — Present

Clinical Psychology, Purdue School of Science  
Indiana University–Purdue University Indianapolis (IUPUI), Indianapolis, IN

**Master of Science Degree** 12/2019

Clinical Psychology, Purdue School of Science  
Indiana University–Purdue University Indianapolis (IUPUI), Indianapolis, IN

**Bachelor of Arts Degree** 2/2010

Psychology, Magna Cum Laude  
Lake Forest College, Lake Forest, IL

## Honors & Awards

**University Travel Fellowship, IUPUI** 3/2020

**Graduate and Professional Education Grant, IUPUI** 1/2020

**University Travel Fellowship, IUPUI** 3/2019

**Young Investigator Travel Award, American Pain Society** 1/2019

**Graduate and Professional Education Grant, IUPUI** 9/2018

**Travel Award, International Association for the Study of Pain** 6/2018

**University Fellowship, IUPUI** 3/2017

**Dean's List, Lake Forest College** 5/2008 — 12/2009

**Phi Beta Kappa** 5/2009

**Psi Chi** 5/2009

## RESEARCH EXPERIENCE

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**Health Coach/Interventionist** 7/2018 — Present

Richard L. Roudebush VA Medical Center, Indianapolis, IN

**Supervisors:** Marianne Matthias, PhD, & Kevin Rand, PhD

**Research Projects:**

- *Communication and Activation in Pain to Enhance Relationships and Treat Pain with Equity (COOPERATE)*

**Research Assistant** 6/2018 — Present

Riley Children's Health, Indianapolis, IN

**Supervisor:** Amy Williams, PhD

**Research Projects:**

- *Pharmacogenetics of Oxycodone, Personalized Care and Persistent Surgical Pain*

**Graduate Research Coordinator** 8/2017 — Present

Indiana University-Purdue University Indianapolis, Indianapolis, IN

**Supervisor:** Adam Hirsh, PhD

**Research Projects:**

- *An Experimental Investigation and Conditional Process Analysis of the Role of Catastrophizing in the Pain—Working Memory Nexus*

## Research Coordinator

7/2014 — 8/2017

Captain James A. Lovell Federal Health Care Center, Great Lakes, IL

**Supervisor:** Christopher Udell, PhD

### **Research Projects:**

- *Mindfulness for Pain Program*
- *Swimming Augmentation Group*

## PUBLICATIONS

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Udell, C. J., Ruddy, J. L., & Procento, P. M. (2018). Effectiveness of Acceptance and Commitment Therapy in Increasing Resilience and Reducing Attrition of Injured US Navy Recruits. *Military Medicine*. doi:10.1093/milmed/usx109

## POSTERS & PRESENTATIONS

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Procento, P. & Hirsh, A. (2020, August). *Pain and Working Memory Dysfunction: The Moderating Effects of Rumination, Magnification, and Helplessness Cognitions*. Accepted as a poster presentation at the 18th World Congress on Pain in Amsterdam, The Netherlands. Conference rescheduled for June 2021 due to COVID-19.

Procento, P. & Hirsh, A. (2020, March). *Pain and Working Memory Deficits: The Mediating and Moderating Role of Pain Catastrophizing*. Accepted as a poster presentation at the 78th Annual Meeting of the American Psychosomatic Society, Long Beach, CA. Conference cancelled due to COVID-19.

Procento, P., Miller, M., Anastas, T., Hollingshead, N., & Hirsh, A. (April, 2019). *Sex Differences in Providers' Pain Treatment Recommendations: The Role of Perceived Exaggeration*. Poster presented at the 2019 American Pain Society Scientific Meeting in Milwaukee, WI.

Procento, P., Miller, M., Anastas, T., Hollingshead, N., Carnell, S., Lok, B., & Hirsh, A. (September, 2018). *Perceived exaggeration mediates the relationships of patient race and SES with provider opioid recommendations in chronic pain*. Poster presented at the 17th World Congress on Pain in Boston, MA.

## CLINICAL EXPERIENCE

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### Doctoral Practicum Trainee

6/2020 — Present

Riley Hospital for Children Pediatric Pain Clinic, Indianapolis, IN

**Setting:** Outpatient Pediatric Medical Clinic

**Supervisor:** Amy Williams, PhD, HSPP

### **Responsibilities:**

- Conduct clinical interviews with new patients and coordinate care interdisciplinary healthcare team
- Provide individual therapy (e.g., CBT) for chronic pain patients.

### Doctoral Practicum Trainee

8/2019 — 3/2020

Richard L. Roudebush VA Medical Center, Indianapolis, IN

**Setting:** Outpatient Integrated Primary Care Clinic

**Supervisor:** Ruth Viehoff, PsyD, HSPP

**Responsibilities:**

- Provided consultation to primary care physicians and other medical staff
- Conducted clinical interviews for new patients
- Provided individual therapy to primary care patients presenting with behavioral medicine issues, including chronic pain, treatment adherence, diabetes management, sleep problems, grief, trauma, anxiety, and depression

**Health Coach/Interventionist**

**7/2018 — Present**

Richard L. Roudebush VA Medical Center, Indianapolis, IN

**Supervisors:** Marianne Matthias, PhD, & Kevin Rand, PhD

**Responsibilities:**

- Conducted individual coaching sessions for Black veterans with chronic pain to increase patient activation & communication self-efficacy, and improve pain intensity & interference and overall psychological functioning

**Doctoral Practicum Trainee**

**5/2018 — 7/2019**

Indiana University Health — Neuropsychology Clinic, Indianapolis, IN

**Setting:** Outpatient Neuropsychology Clinic

**Supervisor:** Dan Rexroth, PsyD, HSPP

**Responsibilities:**

- Conducted structured clinical interviews with patients and family members.
- Administered and scored neuropsychological testing of memory, learning, attention, mood, and personality
- Wrote integrated reports for referring providers and patients
- Provided feedback to patients and family members based on neuropsychological assessments

**Psychiatric Technician**

**9/2012 — 8/2017**

Captain James A. Lovell Federal Health Care Center, Great Lakes, IL

**Setting:** Outpatient Mental Health Clinic

**Supervisor:** Julie Ruddy, PsyD

**Responsibilities:**

- Conducted structured intake interviews of US Navy recruit patients
- Administered and scored neuropsychological assessments of cognitive function, mood, and personality
- Trained other technicians to administer and score neuropsychological tests and other measures
- Implemented a psychological resiliency psychoeducational program and trained other staff as instructors
- Co-facilitated other psychoeducational and intervention groups

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**ASSESSMENTS ADMINISTERED**

Beck Anxiety Inventory

Beck Depression Inventory II

Behavior Rating Inventory of Executive Function, Adult

Boston Naming Test

California Verbal Learning Test II

Category Fluency Task

CERAD Clinical and Neuropsychological Assessment

Conners' Continuous Performance Test III  
Controlled Oral Word Association Test  
Finger-Tapping Test  
Generalized Anxiety Disorder 7-item Scale  
Geriatric Depression Scale  
Grip Strength Test  
Grooved Pegboard Test  
Injustice Experience Questionnaire  
Judgement of Line Orientation Test  
Mini Mental Status Exam  
Minnesota Multiphasic Personality Inventory-2  
Montreal Cognitive Assessment  
Pain Catastrophizing Scale  
Pain Drawing  
Patient Health Questionnaire 9  
PTSD Checklist for DSM-5  
Repeatable Battery for the Assessment of Neuropsychological Status  
Rey Auditory Verbal Learning Test  
Rey-Osterrieth Complex Figure Test  
Stroop Color-Word Test  
Test of Memory Malingering  
Trail Making A & B  
Wechsler Adult Memory Scale-IV  
Wechsler Adult Intelligence Scale-IV  
Wechsler Individual Achievement Test-III  
Wechsler Test of Adult Reading  
Wisconsin Card Sorting Test  
Word Memory Test

## **TEACHING EXPERIENCE**

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**Teaching Assistant** **8/2020 — Present**  
Department of Psychology, Indiana University-Purdue University Indianapolis,  
Indianapolis, IN  
• Graduate Statistics

**Teaching Assistant** **8/2020 — Present**  
Department of Psychology, Indiana University-Purdue University Indianapolis,  
Indianapolis, IN  
• Lifespan Development

**Teaching Assistant** **5/2020 — 8/2020**  
Department of Psychology, Indiana University-Purdue University Indianapolis,  
Indianapolis, IN  
• Introduction to Psychology

**Teaching Assistant** **1/2020 — 5/2020**  
Department of Psychology, Indiana University-Purdue University Indianapolis,  
Indianapolis, IN  
• Health Psychology

**Teaching Assistant** **1/2020 — 5/2020**  
Department of Psychology, Indiana University-Purdue University Indianapolis,  
Indianapolis, IN  
• Abnormal Psychology

**Teaching Assistant** **8/2019 — 12/2019**  
Department of Psychology, Indiana University-Purdue University Indianapolis,  
Indianapolis, IN  
• Statistics

**Teaching Assistant** **8/2019 — 12/2019**  
Department of Psychology, Indiana University-Purdue University Indianapolis,  
Indianapolis, IN  
• Health Psychology

**Teaching Assistant** **8/2019 — 12/2019**  
Department of Psychology, Indiana University-Purdue University Indianapolis,  
Indianapolis, IN  
• Theories of Personality

**Teaching Assistant** **6/2019 — 8/2019**  
Department of Psychology, Indiana University-Purdue University Indianapolis,  
Indianapolis, IN  
• Ethics and Diversity in Psychology

**Teaching Assistant** **5/2019 — 8/2019**  
Department of Psychology, Indiana University-Purdue University Indianapolis,  
Indianapolis, IN  
• Social Psychology

**Instructor** **1/2019 — 5/2019**  
Department of Psychology, Indiana University-Purdue University Indianapolis,  
Indianapolis, IN  
• Statistics Laboratory

**Instructor** **8/2018 — 12/2018**  
Department of Psychology, Indiana University-Purdue University Indianapolis,  
Indianapolis, IN  
• Statistics Laboratory

**Teaching Assistant** **8/2018 — 5/2019**  
Department of Psychology, Indiana University-Purdue University Indianapolis,  
Indianapolis, IN

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## **PROFESSIONAL MEMBERSHIPS**

<b>American Psychosomatic Society</b> <i>Student Affiliate</i>	<b>9/2019 — Present</b>
<b>American Pain Society</b> <i>Student Affiliate</i>	<b>9/2018 — Present</b>
<b>International Association for the Study of Pain</b> <i>Student Affiliate</i>	<b>3/2018 — Present</b>

## **PROFESSIONAL DEVELOPMENT**

<b>Ad hoc reviewer</b> (mentored by Dr. Adam T. Hirsh, PhD) <i>Journal of Racial and Ethnic Health Disparities</i>	<b>10/2020</b>
<b>Ad hoc reviewer</b> (mentored by Dr. Adam T. Hirsh, PhD) <i>Journal of Pain</i>	<b>2/2019</b>
<b>Ad hoc reviewer</b> (mentored by Dr. Adam T. Hirsh, PhD) <i>PAIN Reports</i>	<b>1/2019</b>
<b>Ad hoc reviewer</b> (mentored by Dr. Adam T. Hirsh, PhD) <i>British Journal of Health Psychology</i>	<b>4/2018</b>
<b>Ad hoc reviewer</b> (mentored by Dr. Adam T. Hirsh, PhD) <i>The Journal of Pain</i>	<b>11/2017</b>
<b>Ad hoc reviewer</b> (mentored by Dr. Adam T. Hirsh, PhD) <i>The Clinical Journal of Pain</i>	<b>10/2017</b>
<b>Clinical workshop — HiTOP Systems</b> With Dr. Susan South, PhD, & Dr. Douglas B. Samuel, PhD	<b>2/2019</b>
<b>Clinical workshop — A New Therapy for Each Patient</b> With Dr. John C. Norcross, PhD, ABPP	<b>4/2018</b>
<b>Clinical workshop — Motivational Interviewing</b> With Dr. Stephen Rollnick, PhD	<b>11/2017</b>
<b>Research workshop — Meta-Analysis</b> With Dr. Jeffrey Valentine, PhD	<b>8/2017</b>

## **CLINICALLY RELEVANT COURSEWORK**

• Behavioral Medicine in Rehabilitation	<b>Fall 2018</b>
• Clinical Neuroscience	<b>Fall 2018</b>
• Dialectical Behavioral Therapy	<b>Spring 2019</b>
• Ethical, Legal, and Cultural Issues in Psychology	<b>Fall 2019</b>
• Intervention I: Psychological Counselling	<b>Fall 2017</b>
• Intervention II: Cognitive-Behavioral Interventions	<b>Spring 2018</b>
• Interventions in Health Psychology	<b>Fall 2019</b>
• Psychological Assessment I	<b>Fall 2017</b>
• Psychological Assessment II	<b>Spring 2018</b>
• Psychopathology	<b>Fall 2017</b>