**Alexis D. Grant, MA**

Curriculum Vitae

**Contact Information**

Indiana University Purdue University Indianapolis

School of Science

Department of Psychology

402 N Blackford Street, LD 124

Indianapolis, IN 46202

Phone: (973) 214-1951

Email: grantal@iu.edu

**Education**

2018-present **Doctor of Philosophy in Clinical Psychology**

Track: Behavioral Medicine

Indiana University-Purdue University of Indianapolis

Faculty Mentor: Adam Hirsh, PhD

*Expected Spring/Summer 2024*

2016-2018 **Master of Arts in Psychology**

Montclair State University

Thesis: *The cognitive failure of forgetfulness is related to strength, not direction, of handedness*

Academic Honors: Phi Beta Lambda Graduate Honors Society

2010-2014 **Bachelor of Science**

Davidson College

Major: Biology; Concentration: Neuroscience

Advisor: Barbara Lom, PhD

Academic Honors: Tri-Beta Biological Honors Society

**Supervised Graduate Clinical Experience**

**Substance Use**

08/2022-present **Substance Use and Harm Reduction Counseling**

***Indiana University Health Methodist Addiction Treatment and Recovery Services***

* Serve as a co-therapist for intensive outpatient therapy groups on the theme of substance use and harm reduction strategies.
* Supervisor: Ally Dir, Ph.D.

**Behavioral Health**

01/2022-07/2022 **Pain Management**

***American Pain Consortium: Center for Pain Management***

* Advised large clinical pain management center on the creation of a new department of psychological services.
* Co-created clinical materials to support the functioning of the new department, including pain-focused intake battery, semi-structured clinical interview, and psychological services referral protocols.
* Conducted individual therapy for a diverse population of patients with chronic pain disorders.
* Supervisor: Ari Gleckman, Ph.D.

08/2021-present **Pain Management**

***Indiana Polyclinic, Indianapolis, IN***

* Conducted intake sessions evaluating precipitating and maintaining pain factors, mood symptoms, and addiction risk. Conducted brief sessions to assess and manage opioid risk, treatment compliance, mood, and functional status of chronic pain patients receiving integrated care.
* Worked on an interdisciplinary pain management team of nurses, occupational therapists, physical therapists, medical providers and surgeons. Focused on individuals with complex social, psychological, and medical needs. Conducted short term therapy focused on anxiety, depression, and health behaviors.
* Supervisor: Ari Gleckman, Ph.D.

08/2019-06/2020 **Primary Care Behavioral Health**

***Indiana University Primary Care, Zionsville, IN***

* Conducted structured intake interviews with adult and adolescent primary care patients. Provided brief, evidence-based psychotherapy (CBT, ACT) for depression, anxiety, insomnia, adjustment, and distress related to health conditions. Tracked patient progress with screeners and questionnaires (PHQ-9, GAD-7, PSQI).
* Supervisor: Shelley Johns, Psy.D., HSPP, ABPP

**Assessment**

08/2020-07/2021 **Neuropsychological Assessment**

***IU Neuroscience Center, Indianapolis, IN***

* Conducted structured clinical interviews with adult and older adult patients and their family members. Administered, scored, and interpreted neuropsychological assessments of memory, cognition, intelligence, mood, and personality. Wrote reports summarizing findings and co-led feedback sessions with patients and family members.
* Battery of neuropsychological assessments included the WMS, WAIS, MMSE-2, MOCA, CERAD, Stroop, Wisconsin Card Sorting Task, and others.
* Supervisor: Daniel Rexroth, Psy.D.

**Work Experience**

09/2018-Present **Research Assistant and Graduate Teaching Assistant**

***Indiana University-Purdue University of Indianapolis***

* Conducted research on chronic pain and healthcare disparities
* Served as a teaching assistant for Ethics and Diversity, Social Psychology, and Careers in Psychology
* Served as instructor of record for undergraduate psychology statistics laboratory course

09/2016-01/2018 **Research Assistant and Lab Manager**

***Cognitive Neuroscience and Psycholinguistics Labs at Montclair State University***

* Conducted research on the effect of individual differences on memory, health behaviors, and decision making
* Designed and implemented eye-tracker experiment investigating psycholinguistic EVH-hypothesis
* Coordinated and managed research team of two graduate and three undergraduate research volunteers

06/2015-07/2016 **Adviser**

***Davidson College Advising Corps, Forest Hills High School Marshville, NC***

* Counseled junior and senior high school students in low-income and first-generation families on the importance of post-secondary education
* Increased the college-going percentage of students at low-performing high school in rural NC
* Mentored college-bound, first-generation high school juniors and seniors on behavioral strategies to increase probability of success in college

06/2015-07/2016 **Data and Policy Fellow**

***National College Advising Corps, Washington, DC***

* Elected for a yearlong term from a pool of 500 advisers
* Collected and analyzed program evaluation data from 1000 employees and participants
* Consulted on the results of large-scale study to inform restructuring of national non-profit

06/2014-01/2015 **NIH Post-Baccalaureate Research Fellow (CRTA)**

***National Cancer Institute, National Institutes of Health, Bethesda, MD***

* Conducted research on the pharmacogenetics of drugs commonly used in the treatment of prostate cancer
* Assisted in participant recruitment and outcomes research
* Maintained a cell culture facility
* Organized lab meetings and scheduled travel itineraries

**Grants, Honors, and Awards**

September 2022 **International Association for the Study of Pain (IASP) Sex, Gender, and Racial Differences in Pain SIG Best Paper Award** ($500)

* Awarded to

July 2022 **APA Division 50 Society of Addiction Psychology Student Research Grant** ($1,500)

* Received one of four research grants to support dissertation research project on opioid risk assessment in chronic pain care.

March 2022 **John H. Edwards Fellowship**

* Received one of Indiana University’s most prestigious awards based on “good citizenship, character, attitude toward public service, scholastic ability, and intellectual capacity.”

March 2021 **Elite 50 Honoree**

* Identified by IUPUI Division of Academic Affairs, IUPUI Graduate Office, and the Graduate and Professional Student Government for excellence in campus leadership, scholarly work, and community engagement.

October 2020 **Interfaith Leadership Grant** ($500)

* Supported continued curriculum development on the topic of spiritual and religious competencies for mental health practitioners.

May 2020 **Prevention Insights, Indiana University School of Public Health: Big Idea Challenge** ($500)

* Placed second in university system-wide grant contest on innovative ideas in mental health and addiction treatments.
* Proposal: *TeamWork: Coach-delivered dialectical behavioral therapy-rooted skills-training to reduce risk for nonmedical prescription opioid use among high school athletes*

April 2020 **Clinical Psychology Departmental Conference Travel Grant** ($750)

* Supported travel and accommodations to attend the 2020 American Psychosomatic Society Annual Meeting in Long Beach, CA. *Conference cancelled due to COVID-19.*

February 2020 **Graduate and Professional Student Conference Travel Grant**

* Supports travel and accommodations to attend the 2020 American Psychosomatic Society Annual Meeting in Long Beach, CA. *Conference cancelled due to COVID-19.*

January 2020 **Interfaith Innovation Fellowship and Grant** ($5,000)

* Supports research and development of a training seminar to increase competency around treating clients from diverse religious backgrounds

April 2019 **Graduate and Professional Student Conference Travel Grant**

* Supported travel and accommodations to attend the 2019 American Pain Society Conference in Milwaukee, WI

April 2019 **Clinical Psychology Departmental Conference Travel Grant**

* Supported travel and accommodations to attend the 2019 American Pain Society Conference in Milwaukee, WI

May 2017 **American Psychological Society (APS) Conference Travel Grant**

* Supported travel and accommodations to attend 2017 APS Conference in Boston, MA

Summer 2013 **Duke-Davidson Immunology Research Grant**, Duke University, NC

* Supported summer research experience in developmental immunology

**Peer Reviewed Journal Articles**

**Grant, A.,** Miller, M., Anastas, T., Quinn, P., Lok, B., Hirsh, A. (2022) Opioid-related risk perceptions in chronic pain:

influence of patient gender and prior misuse behaviors. PAIN. *163*(4) 711-18.

**Grant, A.,** Miller, M., Hollingshead, N., Anastas, T., & Hirsh, A. (2020) Intergroup anxiety in pain care: Impact on

treatment recommendations made by White providers for Black patients. PAIN*. 161*(6), 1264-69.

Propper, R. E., **Grant, A.,** King, R., & Christman, S. D. (2019). Pilot investigation of individual differences in

handedness in subjective experience of forgetfulness: The cognitive failures questionnaire and behavioral inhibitio**n.** *Journal of Cognitive Science*, *20*(3), 323-337.

**Conference Presentations**

**Grant, A.**, Anastas, T., Miller, M., Quinn, P., Kroenke, K., & Hirsh, A. (2020, March) *Opioid-related risk perceptions in*

*chronic pain: influence of patient gender and misuse behaviors*.Accepted as a poster presentation at the 78tth

Annual Meeting of the American Psychosomatic Society Meeting in Long Beach, CA. Conference cancelled due

to COVID-19.

**Grant, A.,** Anastas, T., Miller, M., Hollinghead, N., Hirsh, A. (2019, April) *Effects of Patient and Provider Race and*

*Socioeconomic Status on Pain Treatment Decisions and Decision-Making Awareness.*Poster presented at the American Pain Society Meeting in Milwaukee, WI.

Propper, R., **Grant, A.,** & King, R. (2017, May) *The Cognitive Failure of Forgetfulness is Related to Strength, not*

*Direction, of Handedness.* Poster presented at the American Psychological Society Conference in Boston, MA.

Propper, R., **Grant, A.,** & King, R. (2017, May) *The Cognitive Failure of Forgetfulness is Related to Strength, not*

*Direction, of Handedness.* Poster presented at the Montclair Research Symposium at Montclair State University in Montclair, NJ.

**Grant, A.** (2014). *Strategies for Attention Management in Elementary School Classrooms.* Poster presented at the

Davidson Psychology Research Symposium at Davidson College, Davidson, NC.

Swan, G., Penev, Y., **Grant, A**. & Sarafova, S. (2013, July). *In-vitro characterization of a novel cis-acting agent in the*

*CD-4 locus.*  Poster presented at the Duke University Summer Biomedical Research Symposium at Duke

University, Durham, NC.

**Invited Presentations**

Grant, A. & Gosai, S. (2021, March) **Spirituality, religion, and mental health.** Seminar presented by invitation at the Interfaith America Alumni Convening in Chicago, IL. Seminar presented via Zoom due to COVID-19.

**Trainings and Workshops**

4/2022 **Wellness and Burnout Prevention for Clinicians Workshop,** Michelle Salyers, PhD, IUPUI

2/2021 **Suicidology Workshop,** Tom Ellis. PhD, Baylor College of Medicine

12/2020 **Motivational Interviewing Workshop**, Eric Comstock, LMFT, LCAC

9/2020 **Spiritual and Religious Competency in Mental Health seminar series,** IUPUI

2/2019 **HiTOP System Workshop,** Dan Foti, PhD, & Susan South, PhD, Purdue University

**Professional Development**

04/2021 **Meta-analysis workshop,** Ekin Secinti, MS, IUPUI

9/2019 **Categorical and Survival Analysis workshop,** Jaehoon Lee, PhD, Texas Tech University

**Teaching Experience**

08/2020-05/2021 **Department of Psychology—**Indiana University Purdue University Indianapolis

*Instructor* for Statistics Laboratory course

8/2018-12/2019 **Department of Psychology—**Indiana University Purdue University Indianapolis

*Teaching Assistant* for Ethics and Diversity and Social Psychology

**University and Community Involvement**

08/2022-present **Society for Health Psychology (Division 38) campus representative,** American Psychological Association

6/2020-12/2020 **SPARC Workshop Leadership Committee,** Department of Psychology, IUPUI

4/2019-present **Moishe Pod Program Facilitator,** Moishe House International, Indianapolis, IN

09/2019-present **Starfish Initiative Mentor,** Starfish Initiative, Indianapolis, IN