

CAITLIN KRATER, MS, MT-BC

Email: ckrater@iu.edu

EDUCATION

MPH, Social and Behavioral Health Indiana University Indianapolis – Indianapolis, IN	2024 – Present
PhD, Music Therapy Indiana University Indianapolis – Indianapolis, IN	2023 – Present
MS, Music Therapy Indiana University – Indianapolis – Indianapolis, IN	2013 – 2015
BM, Music Therapy, Minor in Psychology University of Iowa, Iowa City, IA	2007 – 2011

CERTIFICATIONS

Certification Board for Music Therapists (#10133, exp. June 2027)	2012 – present
CITI certification	2012 – present
Certified Clinical Trauma Specialist	2021 – present

EMPLOYMENT

Authenticx, Indianapolis, IN Translate large-scale qualitative and quantitative data on patient interactions into compelling, data-backed narratives that drive strategic client decisions. Deliver over 40 executive storytelling sessions annually and partner cross-functionally to advance platform insights and client impact.	2025-Present
Riley Hospital for Children, Indianapolis, IN Senior-level music therapist working with children and families throughout the inpatient hospital setting. Utilize a family-centered care approach rooted in justice. Practicum program director, internship supervisor, and clinician-researcher. Serve as chair for hospital-wide innovation in practice council, which oversees all clinical research.	2016-2025
Riley Center for Grief and Bereavement, Indianapolis, IN Provide individualized care for bereaved parents, siblings, and family members. Provide individual and group support and collaborate with the team to develop programming, education, and research.	2016 – Present
Cincinnati Children's Hospital Medical Center, Cincinnati, OH Provided individualized music therapy care for children and families on the inpatient bone marrow transplant unit.	2015 – 2016

ACADEMIC EMPLOYMENT

Adjunct Faculty

2019 – 2025

Indiana University-Purdue University-Indianapolis, IN
Department of Music and Arts Technology
Music Therapy Program

RESEARCH AND SCHOLARSHIP

Graduate Research Fellow. Integrating Music Therapy within Methadone Treatment Clinics. 2024-Present (State of Indiana Opioid Response Grant). \$600,000

Co-Investigator. Clinical Survey of Pediatric Music Therapy in the United States. 2022-Present (Unfunded).

Principal Investigator. Songs of Life: Caregiver Perspectives of Heartbeat Recording Utilization within Clinical Music Therapy Interventions at a Pediatric Hospital. 2020-Present (Singing at the Top of my Lungs Grant). \$1,500.

Principal Investigator. Effects of Child Life Specialist Utilization During Burn Dressing Changes on Perceived Anxiety: A Pilot Study. 2020-2022 (Unfunded).

Intervenor. Community-Based Implementation of the Resilience Songwriting Program for Adolescent Bereavement – A Mixed Methods Exploratory Study. 2020-2022. (American Music Therapy Association Arthur Flagler Fultz Award, Myers-Coffman, K. PI).

Intervenor. Bio-Muse: Biologic Mechanisms and Dosing of Active Music Engagement to Manage Acute Treatment Distress and Improve Health Outcomes in Young Children with Acute Lymphoblastic Leukemia and Parents. 2019-Present. (NIH/NINR R01 NR019190, Robb, S. PI).

Graduate Thesis. Music Therapists' Implementation of the Therapeutic Music Video Intervention for Adolescents and Young Adults during Stem Cell Transplant: A Mixed Methods Analysis. 2013-2015 (IUPUI Graduate Professional Education Grant for Consumable Research). \$500.

Intervenor. Active Music Engagement in HSCT for Child/Parent Dyads: A Pilot Study. 2019. (Center for Enhancing Quality of Life- IU School of Nursing, IU Simon Cancer Center P30 Support Grant P30CA082709 Robb, S. PI).

Intervenor. Mechanisms of Active Music Engagement to Improve Health Outcomes of Children with Cancer and Parents. 2016-2019. (NIH/NINR R015789 Robb, S. PI).

Intervenor. Palliative Cancer Care: Music Video for AYA-Parent Communication and Resilience. 2012-2015 (NIH/NCI R01 CA162181 Haase/Robb, MPIs)

RESEARCH EMPLOYMENT

Pre-Doctoral Fellow.

2023 – Present

IUI Department of Music and Arts Technology

Herron School of Art and Design, Indianapolis, IN

Focus: Develop and implement the music-based protocol in partnership with the State of Indiana Opioid Response team. Work with large sets of data and multiple data points, including social determinants of health.

Project Manager

2015-2016

IUI School of Nursing, Indianapolis, IN

Focus: Develop processes for implementing study protocol for the project titled Active Music Engagement to Manage Acute Distress and Improve Positive Health Outcomes in Young Children undergoing HSCT and Parents. Created systems to track data and progress across multiple teams within a large academic health center. (Center for Enhancing Quality of Life, Robb, S. PI)

Graduate Research Assistant

2014 – 2015

IUPUI Department of Music and Arts Technology, Indianapolis, IN

Focus: Conduct qualitative interviews with music therapist working in hospice care. Support PI in data collection and organization for project titled: Music Therapy Practice Characteristics and Patient Reported Outcomes (Burns, D. PI)

PUBLICATIONS

Peer-Reviewed Journal Articles

Knott, D., **Krater, C.**, MacLean, J., Robertson, K., Stegenga, K., Robb, S. (2022) Music Therapy for Children with Oncology & Hematological Conditions and Their Families: Advancing the Standards of Psychosocial Care. *Journal of Pediatric Oncology Nursing*.

Lacson, C., Myers-Coffman, K., Kesslick, A., **Krater, C.**, & Bradt, J. (2021). Conducting clinical studies in community health settings: Challenges and opportunities for music therapists. *Music Therapy Perspectives*, 39(1), 105-112. <https://doi.org/10.1093/mtp/miaa008>

Holochworst, S., Robb, S., Henley, A., Stegenga, K., Perkins, S., Russ, K., Jacob, S., Delgado, D., Haase, J., and **Krater, C.** (2020) Active Music Engagement and Cortisol as an Acute Stress Biomarker in Young Hematopoietic Stem Cell Transplant Patients and Caregivers: Results of a Single Case Design Pilot Study. *Frontiers in Psychology*. <https://doi.org/10.3389/fpsyg.2020.587871>

Myers-Coffman, K., **Krater, C.**, Shanine, M., & Bradt, J. (2020). Feasibility and acceptability of the Resilience Songwriting Program for adolescent bereavement. *Arts in Psychotherapy*. (Advance online publication). <https://doi.org/10.1016/j.aip.2020.101724>

Henley, A., Collier, E., Robertson, K., Biard, M., Bruno, K., Bush, H., Frees, E., **Krater, C.**, Woolever, S., Burns, D., Robb, S. (2020) Music Therapist Experiences of a Randomized Control Trial as Clinician Researchers. *Journal of Music Therapy*. <https://doi.org/10.1093/jmt/thaa005>

Krater, C. (Est. April 2023) *Portraits of Everyday Practice in Music Therapy*. Forward. Potvin, P., & Myers-Coffman, K. (Eds.).

PEER-REVIEWED PRESENTATIONS

International

Krater, C., Bradt, J., Myers-Coffman, K., Pasqualitto, F., Fachner, J., Maidhof, C., & Fitzpatrick, K. (2026, July 7-12). Music therapy and opioid use: Bridging neuroscience, clinical practice, and community recovery [Roundtable discussion]. 18th World Congress of Music Therapy, Bologna, Italy.

Krater, C. (April 2022) Bridging the gap: Use of virtual music therapy sessions to support patients transition into survivorship. International Children's Music Therapy Conference. Helsinki, Fi.

Krater, C., & Myers-Coffman, K. (February 2016). *Expanding Clinical Horizons through Evidence-Based Practice*. Concurrent session presentation at the Online Conference for Music Therapy.

National

Arezina, C., Biard, M., Epstein, S., Fuller, M., Knott, D., **Krater, C.**, Love, A., Scheufler, A. (November 2020) Pediatric Music Therapy in the United States: A Roundtable Discussion. American Music Therapy Association Virtual Conference.

Knott, D., **Krater, C.**, Robb, S., Roberston, K., Stegenga, K (March 2020) Music Therapy for Children with Cancer and Their Families: Advancing the Standards for Psychosocial Care. American Psychosocial Oncology Society National Conference, Portland, OR

Krater, C., (November 2019) Integrative Music Therapy Care in a Pediatric Burn Program: From Initial Injury Through Survivorship. Presentation for the American Music Therapy Association National Conference, Minneapolis, MN.

Shoemark, H., **Krater, C.**, Servos, L., & Hannan, A. (April 2018) Music Therapy Service Optimization: Refocusing pediatric music therapy using theory and consensus. Presentation for the Pediatric Medical Creative Arts Therapy Conference, Philadelphia, PA

Krater, C., Dobbs, C. (April 2018) Death of a child with disabilities: Grief journeys through creative arts therapy. Presentation for the Pediatric Medical Creative Arts Therapy Conference, Philadelphia, PA

Krater, C., Dobbs, C. (April 2017) Death of a child with disabilities: Grief journeys through creative arts therapy. Presentation for the American Music Therapy Association National Conference, St. Louis, MO

Krater, C., & Myers-Coffman, K. (November 2014). *Creating a Spirit of Evidence-Based Practice*. Concurrent session presentation at the AMTA National Conference, Louisville, KY.

Robb, S.L., Burns, D.S., Haase, J.E., Henley, A.K., Arter, K., Biard, M., Bush, H., Collier, E., Farr, N., Frees, E., Harman, E., **Krater, C.**, Medeiros, A., Scheufler, A., Rhodes, D., Rice, A., Robertson, K., Stephens, L., Schrek, B., Woolever, S., Yeager, K. (November 2014). *Research Committee Presents: The SMART Trial: Findings, Practice Implications, and Clinical Perspectives*. Panel Presentation for the American Music Therapy Association Conference, Louisville, KY.

Burns, D.S., Smith, B., **Krater, C.** (November 2014) *Collaboration in Music Technology & Music Therapy*. Presentation for the American Music Therapy Association Conference, Louisville, KY.

Krater, C., Myers-Coffman, K. (November 2014) *Creating a Spirit of Evidence Based Practice*. Presentation for the American Music Therapy Association Conference, Louisville, KY.

Hannan, A., Servos, L., Schriebman, J., **Krater, C.** (2012) *Music Therapy Technique Development for Infants Diagnosed with NAS*. Presentation for the American Music Therapy Association Conference, Chicago, IL.

Regional

Krater, C. (2026, March). *Winning hearts and minds: Data-backed storytelling for music therapists* [Conference workshop]. Great Lakes Region Conference of the American Music Therapy Association, Kalamazoo, MI, United States.

Krater, C., & Myers-Coffman, K. (2026, March). *Integrating neurologically grounded group music therapy in outpatient opioid recovery care* [Conference presentation]. Great Lakes Region Conference of the American Music Therapy Association, Kalamazoo, MI, United

States.

Krater, C. (April 2022) Pre-conference institute: From program inception to patient discharge: Considerations for medical music therapy. Great Lakes Region of American Music Therapy Association, virtual.

MacLean, J., Robb, S., Stegenga, K., Perkins, S., Russ, K., Holochwost, S., Henley, A., Jacob, S., Shoop, J., & **Krater, C.** (2020, March 3-7). At the intersection of art, science, and health: The importance of team science. GLR & MWR Regions of the American Music Therapy Association Conference, virtual.

Krater, C. (September 2016) *Supporting children and families experiencing grief and loss: A music therapy perspective*. Riley Hospital for Children at Indiana University Health, Indianapolis, IN.

Krater, C., Klein, A. (April 2016) *Understanding Blood Disorders and Stem Cell Transplant: An interactive experience*. Aplastic Anemia & MDS 2016 Patient and Family Conference, Cincinnati, OH.

Krater, C., Myers-Coffman, K. (April 2016) *Evidence Based Practice: Bridging the Gap between Research and Clinical Practice*. Presentation for the American Music Therapy Association Mid-Atlantic Regional Conference in Ocean City, MD.

Krater, C. (2012) *The Benefits of Music Therapy in Pediatric Respiratory Health*. Presentation for the Midwestern Region of the American Music Therapy Association Conference, Iowa City, IA.

Krater, C. (2011) *Community Music: Expanding the Role of Music Therapy in the 21st Century*. A presentation for Passages Student Conference at the Midwestern Region American Music Therapy Association Conference, Kansas City, Kansas.

Research Poster Presentations

Krater, C., Dougherty, C., Plowman, P., (Accepted for Nov 2022) Effects of Child Life Specialist Utilization During Burn Dressing Changes on Perceived Anxiety for Children ages 3-13: A Pilot Study. Riley Interprofessional Interdisciplinary Research Conference, Indianapolis, IN.

Henley, A., **Krater, C.**, and Robb, S. (March 2020) *Developing music strategies to improve salivary cortisol collections in young children undergoing hemopoietic stem cell transplant*. Great Lakes Region American Music Therapy Association Conference, Shamburg, IL

Krater, C. (November 2014) *Understanding the Implementation of a Therapeutic Music. Video: A mixed methods analysis*. Oral Research Presentation for the American Music Therapy Association Conference in Louisville, KY.

SELECTED MEDIA

Creator, producer and host: *Musical Health the Podcast* (2020). <https://anchor.fm/caitlin-krater>

Contributor: *Lifting the Fog* (2020) <https://anchor.fm/megan-kinney/episodes/Musical-Health-with-Caitlin-Krater-ec6qk5>

News Interview (2021) <https://www.wthr.com/article/news/local/indiana/only-indiana-jalens-bedside-karaoke/531-e3601efb-d11c-4ed5-b679-2171a04202fb>

Blog Interview *Music Therapy Research Blog* (2016) <https://www.musictherapyresearchblog.com/mtrb-16-caitlin-krater-debra-burns-sheri-robb/>

News Interview WFIU (2014) <https://indianapublicmedia.org/arts/indy-sings-music-therapy-children-autism.php>

COURSES TAUGHT

IUPUI, Department of Music and Arts Technology, Indianapolis, IN Undergraduate level courses

- Music in Healthcare (MUS-L340) – Fall 2019, Fall 2020, Fall 2021, Fall 2022
- Music Therapy Practicum II (MUS-L353) – Fall 2022

INVITED PRESENTATIONS

Child Life Student Symposium

5.2021

Keynote Speaker: Who I Am: The Importance of affirming identities in child life support Riley
Hospital for Children, Indianapolis, IN

Introduction to Music Therapy

10.2018; 10.2019; 10.2021; 11.2022

Invited Lecture, IUPUI, Indianapolis, IN

Creativity in Medicine

11.2018;

11.2019

Invited Lecture, IU School of Medicine, Indianapolis, IN

Finding Inspiration and Resilience in Medicine (FIRM) Conference

2.2018

Invited Speaker, IU School of Medicine, Indianapolis, IN

STUDENT RESEARCH SUPERVISION

Hagedorn, K. (Spring 2020). *Impact of an intergenerational music therapy group for patients waiting heart transplant*. Riley Hospital for Children, Intern Research Project. Role: Advisor

ADVANCED CLINICAL TRAINING

Certified Trauma Clinician

A trauma-informed advanced training for clinicians to better implement assessment and treatment for individuals with a history of trauma.

The Bonny Method of Guided Imagery and Music (GIM) Level 1

The first of three levels of training in a music-centered depth approach to transformational therapy that uses selected sequences of classical music to support the generation of and movement through inner experiences.

HONORS AND AWARDS

Indiana University LGBTQ+ Alumni Scholarship

2024

Riley Hospital Red Shoes Award

2014 & 2018

For outstanding contributions to patient and family centered care

Purdue School of Engineering Bepko Award

2015

For Outstanding Graduate Student in Music Therapy

Program Development and Grant Awards

Women for Riley Program Development Grant

2018 & 2019

Lead grant writer: Bold Bald and Beautiful: The Lauren McGlaughlin Project

Worked with the team to develop a new inpatient clinical cosmetologist position to serve hospitalized children.

\$20,000

Theodore Sloane Evan's Grant for Music Therapy	2020-present
Grant writer and project lead: <i>Riley Music Explorer Packs: Music and play kits for hospitalized children</i>	
\$50,000 to purchase instrument starter packs, music kits, and music and voice listening packs. Distributing approximately 250 total packs per year.	

Great Lakes Region MUSE Grant	2023
Grant writer and project lead for incorporating technology to make music making more accessible. Awarded a \$1500 program grant.	

SERVICE ---

Professional

Riley Interprofessional Interdisciplinary Innovation in Practice Council	
Co-Chair	2021-present
Ad-Hoc Journal Reviewer	
Music Therapy Perspectives	2021 – present
Great Lakes Region American of Music Therapy Association	
Concurrent Conference Reviewer	2021– present
American Music Therapy Association	
Regional Delegate Pediatric Medical Music Therapy Task Force	2019-present
Founder and coordinator: Pediatric Journal Club	2021-present
Riley Hospital Compassion Rounds	
Steering Committee Member	2018-present
Association of Indiana Music Therapists	
Webmaster	2014-2015

Community

Y'all, Indianapolis, IN	2022-present
Co-Founder and Board Member; volunteer-led group focused on providing access to financial support for the queer, trans/non-binary community	
Indy Sings: A Music Therapy Experience, Indianapolis, IN	2015
Co-organized sensory inclusive concert designed for children with autism spectrum disorder.	

PROFESSIONAL MEMBERSHIPS ---

American Psychosocial Oncology Society	2019 – present
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National Alliance for Grieving Children	2016 – present
Association of Indiana Music Therapists	2014 – present
Great Lakes Region of American Music Therapy Association	2014 – present
American Music Therapy Association	2010 – present

